**MICHIGAN ALCOHOL SCREENING TEST (MAST) (indicate yes or no)**

**1. Do you feel you are a normal drinker? (By normal we mean you drink less than or as much as most other people.)**

**2. Have you ever awakened in the morning after some drinking the night before and found that you could not remember a part of the evening?**

**3. Does your wife, husband, a parent, or other near relatives ever worry or complain about your drinking?**

**4. Can you stop drinking without a struggle after one or two drinks?**

**5. Do you ever feel guilty about your drinking?**

**6. Do friends or relatives think you are a normal drinker?**

**7. Are you able to stop drinking when you want to?**

**8. Have you ever attended a meeting of Alcoholics Anonymous (AA)?**

**9. Have you ever got into physical fights when drinking?**

**10. Has your drinking ever created problems between you and another relative?**

**11. Has any family member ever gone to anyone for help about your drinking?**

**12. Have you ever lost friends because of your drinking?**

**13. Have you ever got into trouble at work because of drinking?**

**14. Have you ever lost a job because of drinking?**      .

**15. Have you ever neglected your obligations, your family, or your work for two or more days in a row because you were drinking?**

**16. Do you drink before noon fairly often?**

**17. Have you ever been told you have liver trouble? Or Cirrhosis?**

**18. After heavy drinking have you ever had delirium tremens (D.T.s) or severe shaking, or heard voices or seen things that really were not there?**

**19. Have you ever gone to anyone for help about your drinking?**

**20. Have you ever been in a hospital because of your drinking?**

**21. Have you ever been a patient in a psychiatric hospital or on a psychiatric ward of a general hospital where drinking was part of the problem that resulted in the hospitalization?**

**22. Have you ever been seen at a psychiatric or mental health clinic or gone to any doctor, social worker, or clergyman for help with any emotional problem where drinking was part of the problem?**

**23. Have you ever been arrested for drunk driving, driving while intoxicated, or driving under the influence of alcoholic beverages?**      **If yes, how many times?**

**24. Have you ever been arrested, or taken into custody, even for a few hours, because of other drunken behavior?**      **If yes, how many times?**