



Erickson Counseling & Mediation PLLC

12300 Dundee Court #202 Cypress, TX 77429

Ericksoncounseling.com

832-455-5729

Client Information Sheet

Client Name: _____

Parent if minor: _____

Address: _____

City, State: _____ Zip: _____

Phone numbers: Home: _____ Cell: _____

Email: _____

Referral source: _____

Date of Birth: _____ Age: _____ Social Security Number: _____

Employer/School: _____

Position /Grade: _____ Name of Insurance or EAP? _____

(If applicable) EAP sessions and authorization number: _____

Education Level: _____ Religion: _____

Marital/relationship status: Minor Single Married Divorced Separated Widowed

Names and ages of all children:

In your home?

_____ Age: _____ _____ yes _____ no

_____ Age: _____ _____ yes _____ no

_____ Age: _____ _____ yes _____ no

_____ Age: _____ _____ yes _____ no

_____ Age: _____ _____ yes _____ no

Emergency Contact: _____ Phone _____

Complete HIPPA text available at www.hhs.gov/ocr/privacy/hipaa/administrative/privacyrule/adminsimpregtext.pdf

Provider credentials can be verified through the Texas State Board of Examiners of Professional Counselors. Complaints can be made by calling 1-800-942-5540 or contacting: Investigations, P.O. Box 141369, Austin, Texas 78714

(Revised 2/2/26)



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Contractual Agreement

I do hereby voluntarily agree to counseling services to be provided by Erickson Counseling & Mediation PLLC. All contracted activities and services will be performed by said provider directly through face-to-face interactions. Treatment will always involve clinically appropriate, research-based interventions. I have been made aware that the practice of counseling is an inexact science. As a result, I understand that no guarantee can be made concerning the future benefits of any treatment process or intervention that may be conducted. Furthermore, I understand that evaluations, assessments, and ongoing therapy will involve the discussion of personal issues and information that may be uncomfortable or challenging at times. Feedback and dialogue are always encouraged throughout the process. Furthermore, I understand that it is my irrevocable right to change or adjust the treatment dynamics, therapeutic process, and/or frequency of sessions at any time at my sole discretion.

I understand that all scheduled appointments will be kept as scheduled. Changes requested with a 24-hour notice will be honored. E-mail and telephone contact information is made available for this purpose. A “**no-show**” is defined as occurring when the client is unavailable, either physically, emotionally, and/or volitionally, at the scheduled time to conduct services. This includes not having an adult present during child/adolescent sessions or other scheduling conflicts that impede the completion of the scheduled session. “**No-show**” sessions are not reimbursed or recuperated by providers through insurance companies. I understand that payment of the contracted rate of service is the responsibility of the client if the scheduled session cannot be completed as scheduled. **The client will be charged \$150 for no-shows.** A pattern of “no-shows” may terminate the therapeutic relationship.

I assign directly to Erickson Counseling & Mediation PLLC all insurance payments, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges if not paid for by my insurance coverage. I hereby authorize Erickson Counseling & Mediation PLLC to release all information necessary to secure the payment of services rendered. I furthermore authorize the use of my signature, insurance ID and diagnostic classification on all insurance submissions through a contracted third-party medical billing company.

All fees are set on a contractual basis between the mental health provider and the individual’s particular insurance policy or self-pay agreement. Consequently, there can be no negotiation of co-pay amounts, as this is deemed unethical and unlawful by all insurance provider contracts. All self-pay rates, co-pays and fees for service are required the day of service. Prior to the beginning of the counseling relationship, I will know the agreed upon contracted rate or co-pay if applicable. If the insurance of the member or responsible party is terminated or changed in any way **it is my responsibility to inform the provider in advance** or I will be held responsible for the contracted rate of service. This is particularly important in dealing with Medicaid and Medicaid BHMO’s.

Self-Pay Rate:	Initial Assessment: \$150, Counseling session: \$150
Court Reports:	\$150 per hour minimum one (1) hour
Court Appearance:	\$150 per hour minimum three (3) hours. Canceled or rescheduled court may be billed
Client initiated Phone Calls:	Non-emergent phone calls over 15 minutes will be billed at \$50 per 15 minutes.
Completion of paperwork	\$25 per occurrence <u>not including</u> corrections (unless my error.)

Client / Parent / Guardian (Print)

Relationship

Date

Client / Parent / Guardian (Signature)

Date

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Limitations on Confidentiality

All information regarding evaluation, diagnosis, observations, interactions, and treatment of a client is confidential information that this provider will disclose only to authorized people and agencies. The client and/or parent must provide prior written permission and authorization before any information will be released to another person, agency, or professional organization either verbally or in writing. Confidentiality and privacy of all client information will be maintained to the highest standards of the law and ethical practice.

The following are legally specified and required exceptions to the laws of confidentiality:

- If a counselor learns of child or elder abuse that is currently taking place or has the probability of recurring, he or she is legally required to report that abuse to the appropriate authorities.
- If a client discloses an intention to do something that is likely to harm him/herself or others, the counselor is required to report that intention to authorities.
- If a court order/subpoena, or other legal proceeding requires disclosure all records may be released.
- If the client enters litigation against the therapist.

The Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy regulations implemented standards for how information that identifies a patient can be used and disclosed. (Title 45, Code of Federal Regulations (CFR), Parts 160 and 164) The regulations apply to “covered entities” including health-care plans, health-care clearinghouses, and health-care providers. These privacy standards went into effect on April 14, 2003.

Regarding the Health Insurance Portability and Accountability Act (HIPAA) of 1996, I have been made aware of how my medical information may be used and disclosed and how I can get access to this information.

I understand confidentiality and its limitations.

Client / Parent / Guardian (Print)

Date

Client / Parent / Guardian (Signature)

Date

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